Social Determinants of Health Disparities and Intersectoral Partnerships:



Understanding the Importance of Rivers and Bridges.



Robert J Weyant, DMD, DrPH University of Pittsburgh School of Dental Medicine

#### This talk:

- Background and nature of (oral) health disparities
- Why we should work to reduce them
- Some thoughts intersectoral approaches

# Understanding Health Disparities What We Know

Look Upstream

#### **Understanding Health Disparities**

#### Causes and Solutions Lie Upstream

- Systematic
- Socially Produced
- Unfair
- Allows you to address symptoms and causes



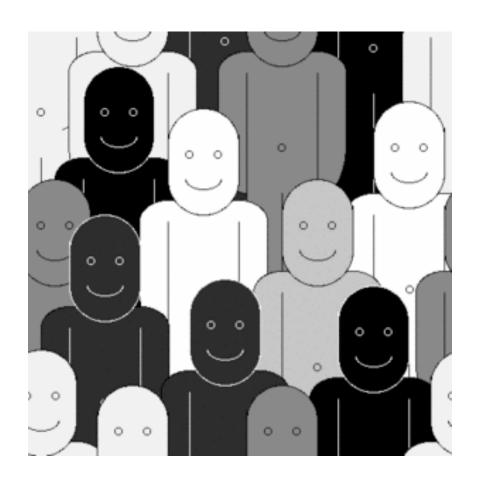
#### Health Disparities: Systematic

- Not Random.
- Relationship between: Groups
  - SOCIAL
    - SES
    - Race/Ethnicity
  - BIOLOGICAL
    - Gender
    - Age
    - Genetic



#### **Health Disparities: Social Process**

- Disparities are sociological not biological.
- Solutions need to be socio-political (not biological).



#### **Health Disparities: Unfair**

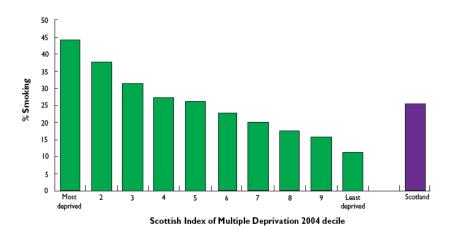
- Health Equity issue
- Created and maintained by social factors.
  - A symptom of underlying issues



## **Health Disparities: Unfair**



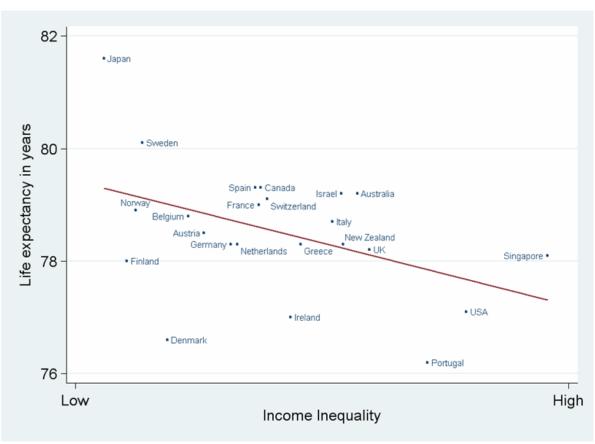






#### Health Disparities: Affect Everyone

#### Life Expectancy is Longer in More Equal Rich Countries



Source: Wilkinson & Pickett, The Spirit Level (2009)

www.equalitytrust.org.uk



## Health Disparities: Avoidable?



#### Health Disparities: Cost Effective?



- Lack evidence on effectiveness and cost
- Incomplete
   understanding of
   mechanisms causing
   SES disparities

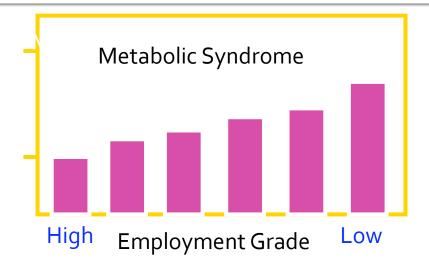
#### Where are Gaps in Knowledge

- Better surveillance system: at all levels.
- Better measure of disparities
- What are costs and benefits
- What is clustering with oral health
  - canary in the coal mine

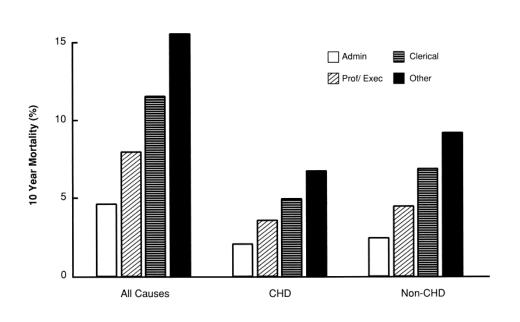
# Mechanisms and Theories How Disparities Arise

#### **WHITEHALL:**

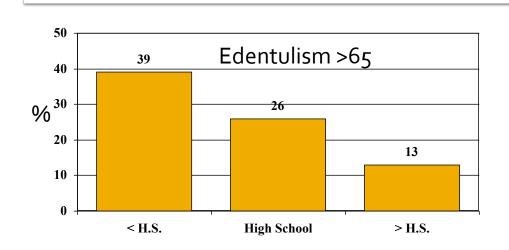
#### CVD Risk Factors by Employment Grade



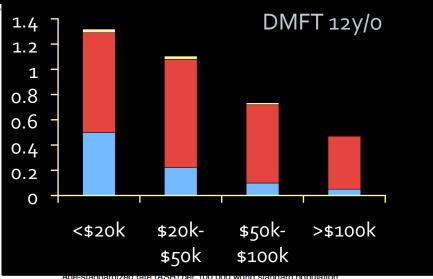


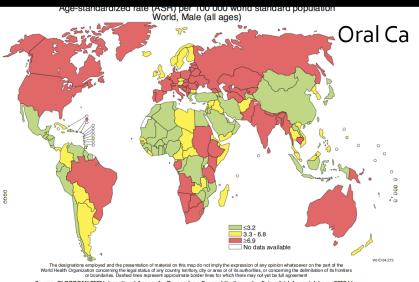


#### Disparities at all levels







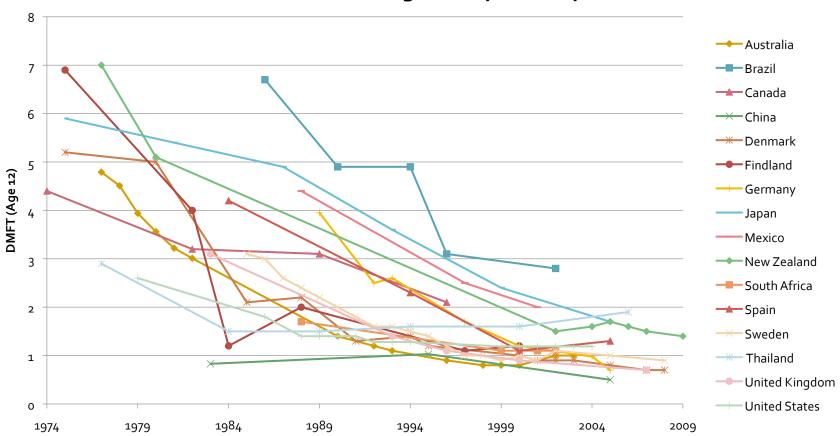


Source: GLOBOCAN 2002 International Agency for Research on Cancer http://www.depdb.iarc.fr/globocan/globocan2002.htm

#### Good News:

#### Caries in Industrialized Economies

#### Mean DMFT (Age 12) By Country

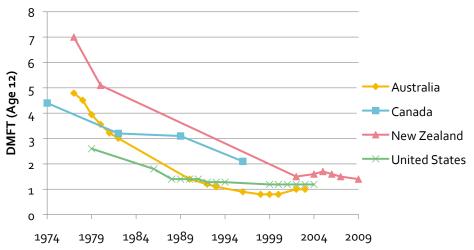


#### **Changes in Caries Distribution**



All Children



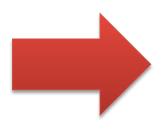


#### At Risk

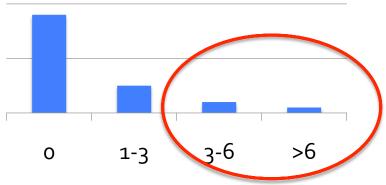
- Maori
- AI/AN
- Head Start Rural Poor (Appalachia)
- Migrant Worker
- Etc.

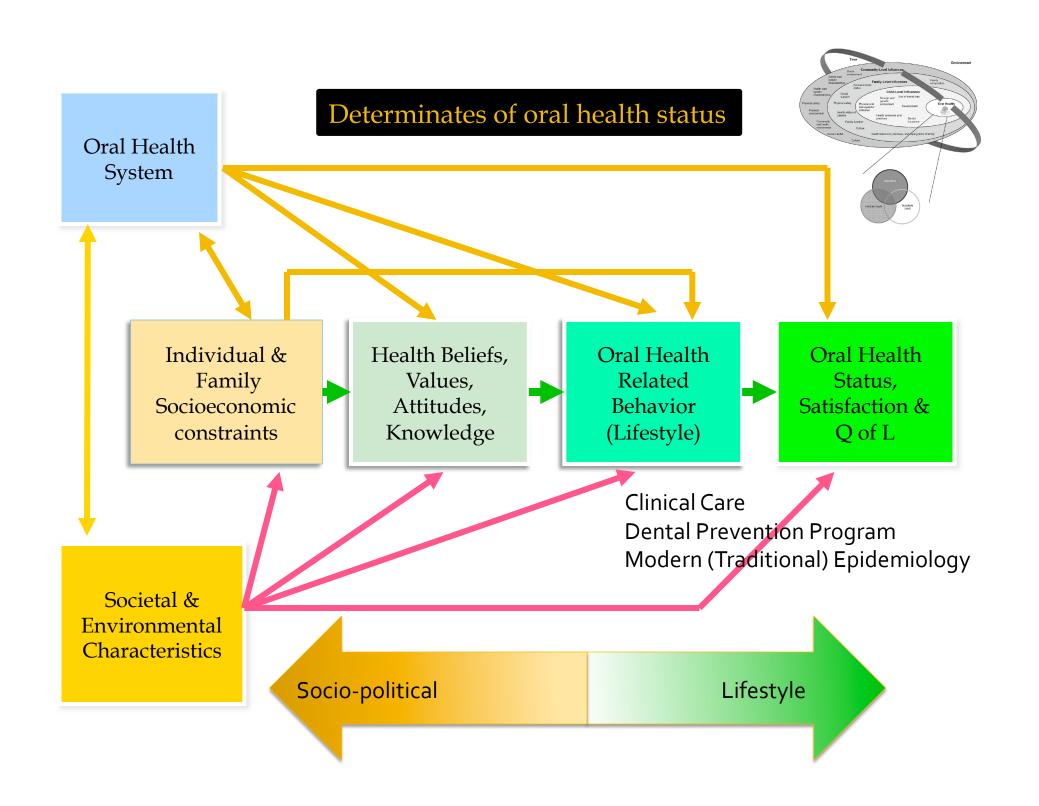
**DMFT 1979** 

0 1-3 3-6 >6





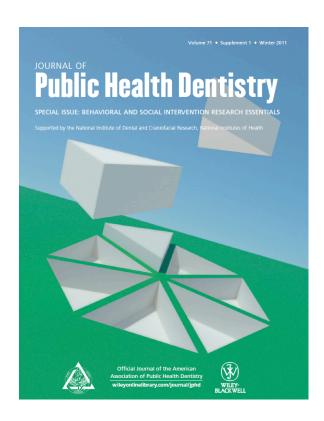




- Understanding Social Level:
  - Mechanisms
    - Cause of Causes



- Understanding Social Level:
  - Mechanisms
    - Cause of Causes
  - Testing theories
  - Intervention research



- Understanding Social Level:
  - Mechanisms
  - Cause of Causes
  - Testing theories
  - Intervention research
- Lifecourse
  - Gene by Environment
    - Epigenetics
    - Prenatal
  - Critical Periods





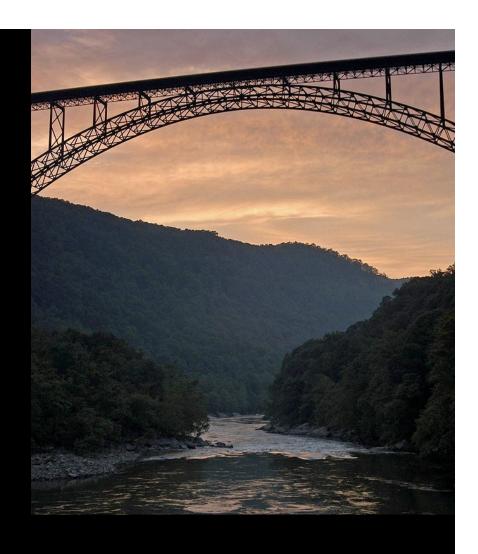
 Guidance on how much to reduce inequalities.



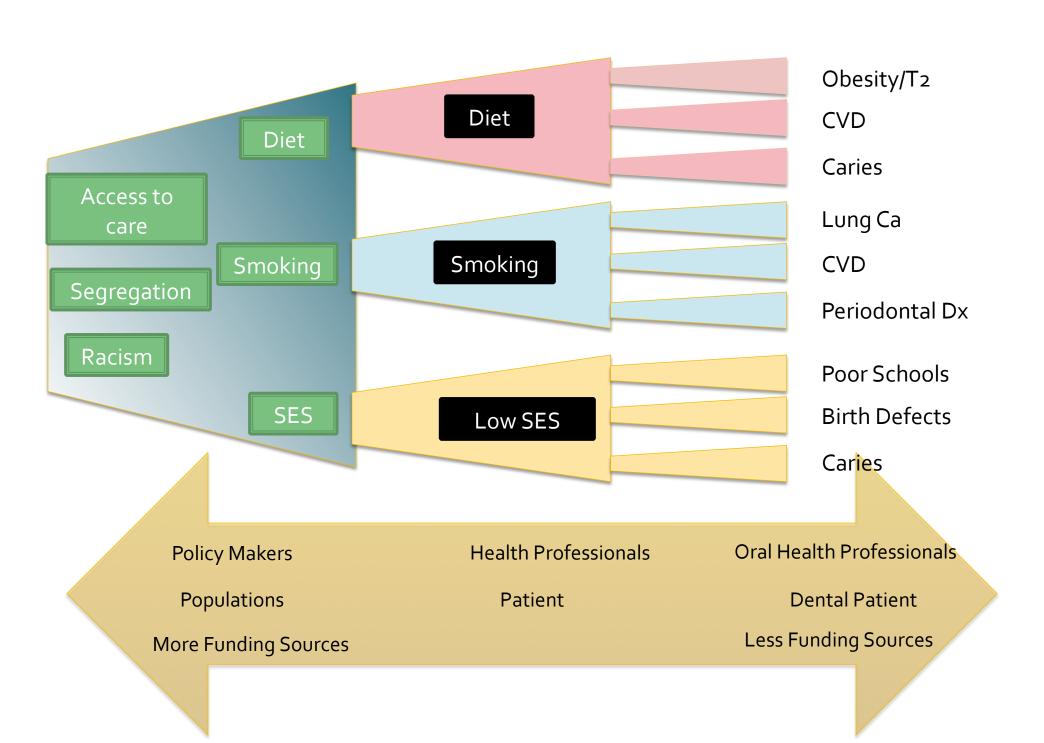
- Guidance on how much to reduce inequalities.
- At what cost

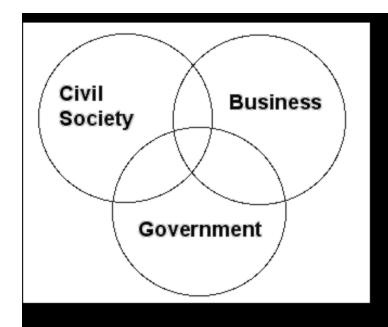


# **Building Bridges**



Intersectoral Approaches: working with other sectors such as government, business, NPO...







Moving upstream...

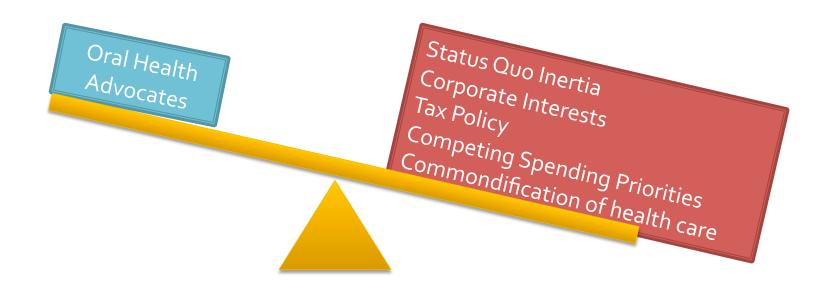
#### The Gift of New Questions

upstream, we gain new insight and expand opportunities

So we don't keep doing the same thing but expecting a different outcome

# Not everyone sees your problem as a "problem".

Oral Health can seem unimportant



#### Intersectoral partnerships can help

- New partners
- New methods
- New resources
- New questions

Oral Health Advocates
Other health partners
Schools
Schools
Employers
Employers
Housing advocates
Housing advocates
Efficient use of public funds



#### Obesity, Diabetes, CVD, Caries

We have seen the enemy...and it's BK's Bacon Hot Fudge Sundae

#### Partners:

- Healthy Food Advocates
- Schools
- Federal Government (USPHS/ Congress)
- NPOs: (Diabetes, CVD, AAPHD)
- Health Focused Businesses

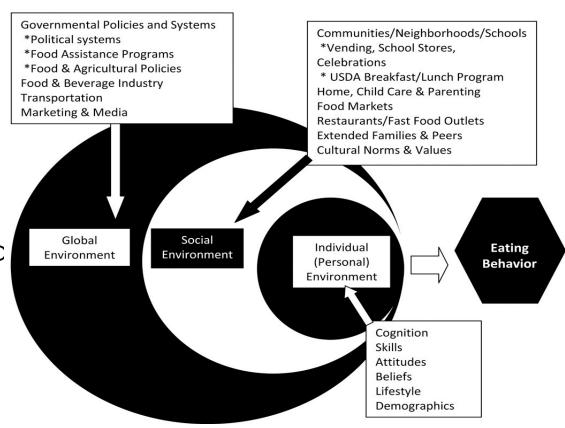


A Symptom

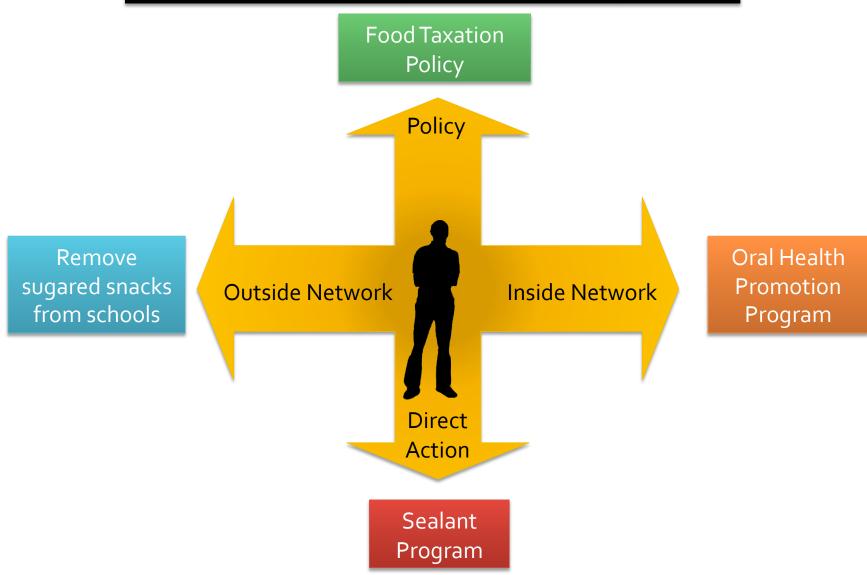
#### Obesity, Diabetes, CVD, Caries

#### Partners:

- Healthy Food Advocates
- Schools
- Federal Government (USPHS/ Congress)
- NPOs: (Diabetes, CVD, AAPHD)
- Health Focused Businesses



# Working with Intersectoral partners: horizontally and vertically



Intersectoral Approaches

## **Best Practices and Gaps**

#### **Lessons Learned: Context**

 How an issue is framed or defined is a key to who comes to the table

#### Issues to consider

- Framing
  - Who comes to the tables
- Sound Rationale
  - Be strategic
- Planning
  - Lead agency
  - Shared planning
  - Roles and responsibilities
  - Organizational Structure
  - Resources needs
  - Accountability

- How to measure impact
- Time frame and sustainability
- Do not abandon prior mandates

#### **Expected benefits**

- Achieve goals can't achieved alone
- Increase the chance that those policy alternatives are chosen which are most likely to result in the highest overall welfare gains
- Help to prevent overall welfare losses because of policies that entail positive welfare effects for individual actors, but disadvantages from an overall point of view,
- Provide legitimacy and acceptance to public policy.

#### Policy must change

"You could have protected the wealthy and the well, instead of recognizing that sick people tend to be poorer and that poor people tend to be sicker and that any health care funding plan that is just, equitable, civilized and humane, MUST redistribute wealth from the richer to the poorer and the less fortunate. Excellent health care is, by definition, redistributional

#### The First Law Of Healthcare Improvement

Don Berwick, IHI (Boston)

"Every system is perfectly designed to achieve exactly the results it gets"

If your results are consistent, but unsatisfactory, you need to redesign the system...[but first you have to realize you are in a "system".]

Social Determinants of Health Disparities and Intersectoral Partnerships:



Understanding the Importance of Rivers and Bridges.

#### Thank you



Robert J Weyant, DMD, DrPH University of Pittsburgh School of Dental Medicine